

THE ULTIMATE EMBROIDERY ON PAPER GUIDE





MODULE 1

TABLE OF CONTENTS

Module 1: Embroidery on Paper Basics

Introduction

1. Purpose of the Manual
2. Understanding Key Notes

Tools and Materials Overview

3. Printer Suggestions
4. What You Need to Start: Materials
5. Awl Tools
6. Organizing Your Workspace

Tools and Exercises

7. Playing with Thread and Qty
8. Stitching cards cover
9. Running Stitch
10. Needle Sizes and Types
11. Back and Straight Stitch
12. Choosing the Right Thread
13. Stem Stitch
14. Differences in Threads
15. Cross Stitch
16. Making Your Own Bobbins
17. Chain Stitch
18. French Knots
19. Lazy Daisy
20. Simple Flower

Projects and Practice

21. Make your Awl Tool
23. Let's Make Some Bookmarks
24. Make Your Tassels

Project Breakdown

25. Frida Kahlo Breakdown
27. Embroider Frida picture

PURPOSE OF THE MANUAL

This manual introduces embroidery on paper, guiding all learners through essential tools, materials, and techniques. With step-by-step exercises and projects, it provides the foundation needed to confidently create beautiful embroidered designs.

I created this manual so that, by the end of the modules, you will have an organized, well-structured, and beautifully crafted physical reference to revisit anytime. Each lesson includes thoughtfully designed templates to help you learn and practice each technique effectively.

This method has been developed over several years, refining a simple yet effective teaching approach. The manual is tailored to guide beginners and, over time, help you progress through the modules to develop your skills.

The exercises will come in a well-designed printable template, and by the end, you will have a cute little booklet with all the stitches to cherish and use as a handy reference.


Some classes are just the PDF, while most video lessons include a printable PDF to guide you seamlessly through the material.

So, grab your printer, gather your materials, and let's get started!

UNDERSTANDING KEY NOTES

It's important to review the template before printing. Some templates should be printed on cardstock, while others are meant for conventional printing paper. Additionally, some templates include cutting guidelines for the stitching booklet.

What to Look For:

<p>PAPER PRINTING Print this template on cardstock or any thick paper</p>	<p>At the bottom of the template, you will find important indications</p>
<div data-bbox="133 900 665 1020"><p>★ MATERIALS ★</p><p>◦ material 1 ◦ material 2 ◦ material 3</p></div>	<p>Check this label for the materials you'll need for specific projects.</p>
<div data-bbox="142 1129 667 1719"></div>	<p>The lines you see on the exercise sheets are crop marks. Follow the crop marks using a cutter to create two templates from the print.</p>